

MEMBER/GUEST SERVICES

Both Members and Guests of the Lock Haven YMCA are sure to find a warm welcoming environment. It is our goal to provide programs, events and services that will satisfy even the toughest critics. Our staff strives to show a knowledge of our facility, an outgoing personality and a genuine care for our patrons.

Childwatch Program

For those who have been putting off a workout because you don't know what to do with the kids, the YMCA isn't allowing that excuse anymore!

Our staff will tutor your children, or facilitate educational activities while you workout individually or in one of our fitness classes/programs.

Facility Rentals

Are you looking for a place to hold a party, meeting or gathering? The YMCA may have just the facility for you. Check us out for your next event!

Rental Facilities Include:

Gymnasium, Dan Piper Pool, Rock Wall, Riverview Room, and The Teen Center

****Combine facilities together in one of a number of Party Packages****

We Have Guest Passes

Guest Passes Include:

Daily Guest Passes, Gymnasium Passes, Climbing Wall, Public Swim Passes, Pool Punch Cards, Fitness Classes, Fitness Punch Cards

"Be our guest, be our guest, put our service to the test!"

For more information about member/guest services, please contact Member Services at
frontdesk@lockhavenymca.com



Thank you for supporting the Lock Haven Area YMCA!



Please come visit us again at...

**145 East Water Street
Lock Haven, PA 17745
(570) 748-6727
www.lockhavenymca.com**



**Lock Haven Area
YMCA Summer Schedule**

**Begins Memorial Day Weekend
Saturday, May 28th
Ends After Labor Day
Tuesday, September 6th**

CLOSED:

**Memorial Day: Monday, May 30
Independence Day: Monday, July 4
Labor Day: Monday, September 5**

HOURS:

**Monday - Thursday 5:00AM - 8:00PM
Friday 5:00AM - 7:00PM
Saturday 8:00AM - 1:00PM
Sunday 11:00AM - 3:00PM**

The Lock Haven Area YMCA, where we build strong kids, strong families and strong communities!

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MEMBERSHIP INFORMATION

So you're thinking about joining the YMCA. That's GREAT! We are sure to have just what you are looking for. Being a member of the YMCA means that you are a part of a world-wide movement to unite communities through an organization that believes in caring, honesty, respect and responsibility toward others. The Lock Haven Area YMCA offers facilities, programs and services that our community can be proud of. Being a part of that is just one of the benefits to your membership.

Memberships include access to . . .

Fitness Facilities	Locker Rooms
Gymnasium	Private Dressing Rooms
Swimming Pool	Sauna
Free Orientations	Free Fitness Classes
Reduced Program Fees	Personal Trainers

We offer 3-Month, 6-Month and Annual memberships

Membership Types Include:

Pre-School—Youth—Teen—College Student—
Adult—Senior Citizen—Couple—
Single Parent Family—Family

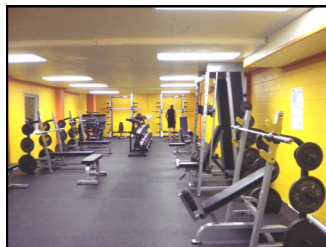
Strong Communities Financial Assistance Program

The Lock Haven Area YMCA Strong Communities Financial Assistance Program is a resource that allows those who cannot afford to join the YMCA or use YMCA programs to receive financial assistance. Through the YMCA Annual Campaign, Clinton County Community Foundation and the Clinton County United Way, the YMCA is able to offer reduced or subsidized fees for those who cannot financially afford rates or fees.

To become a member at the Lock Haven Area YMCA, stop by and speak to a staff member at our front desk area.

FACILITY INFORMATION

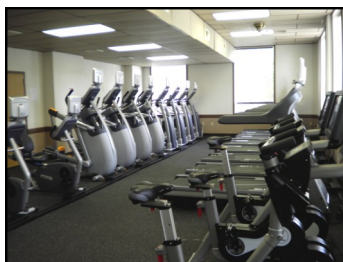
The Lock Haven YMCA offers a variety of equipment and recreational facilities to meet all of your fitness needs.



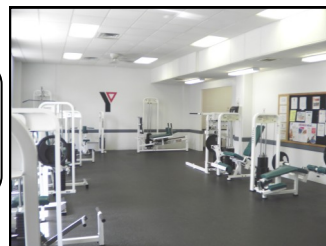
Free Weight Room
(pictured left)



Gymnasium
(Pictured right)



Cardiovascular Fitness Center
(pictured left)



Machine Weight Room (pictured right)

Stop by the Lock Haven Area YMCA for a full facility tour!

AQUATICS

The Lock Haven YMCA offers a number of Aquatics programs and activities for members of all ages!

Daily Open Swim Times, Lap Swim Times, and Public Swim Times



Aquatics Programs & Activities Include:

- Competitive Swim Clinic
- Lunchtime Lap Swim
- Twinges In The Hinges
- Water Fitness
- Water Babies
- Private Swim Lessons
- Progressive Swim Lessons/Water Safety
- Pre-School Swim Lessons/Water Safety

Sunday Fun-Day
Every Sunday a safe and organized water game during open swim!

For more information on Aquatics Programs, please contact the Aquatics Director, Joel Blesh @ Joelblesh@gmail.com