



Did you declare a
New Year's Resolution
this year?

Let the YMCA help you keep
your resolution!

Join the YMCA in January!
New YMCA Memberships

Join Fee waived for 1/1/2012 – 1/31/2012
That's a \$25 savings right off the top!



Complimentary Fitness Classes!

Start taking the complimentary
fitness classes that come with
membership!



Hire a Personal Trainer!

Consider hiring a *Personal Trainer*
to help you get on track for success!



Talk to the front desk staff about how to become a member, join into complimentary fitness classes, and/or hire a Personal Trainer

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY